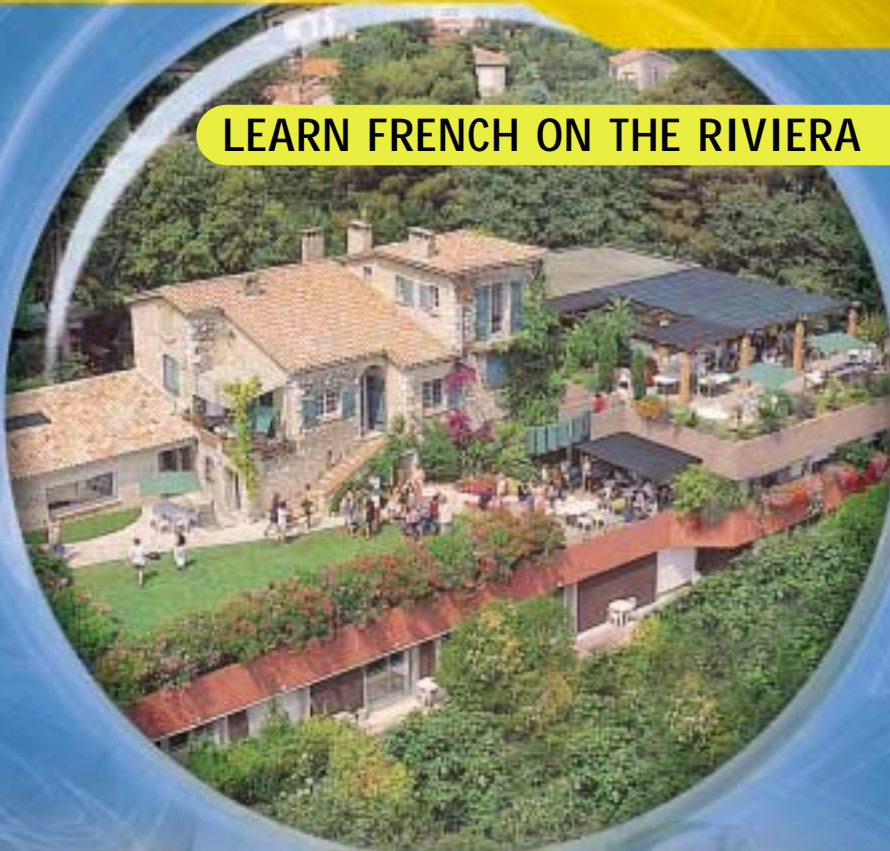




CENTRE INTERNATIONAL D'ANTIBES
FRENCH LANGUAGE, CULTURE AND CIVILIZATION

LEARN FRENCH ON THE RIVIERA



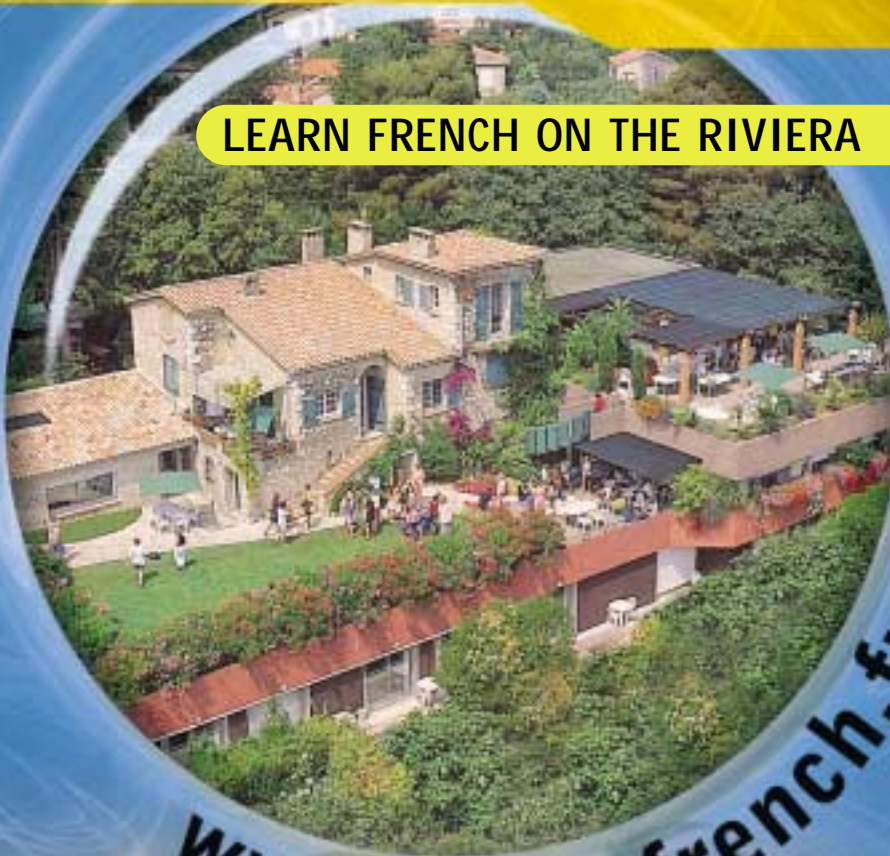
Atoll
Juniors
Séjours Linguistiques en France

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FRENCH ON THE RIVIERA

Created in 1985, "Centre International d'Antibes" is today the main premiere school for teaching French as a foreign language. During the year we receive around 5,000 students from all over the world.

We also organize vacation course programs for adolescents and maintain six locations in France. They are described herein under the title "ATOLL Juniors" that has become a symbol of quality and security for reference in this field of educational endeavor.

The "Centre International d'Antibes" exists primarily to teach you French according to your particular level, needs and objectives.

We take the view that pleasant, beautiful surroundings can only help you fully enjoy the pleasure of learning and communicating in French.

This is precisely why we have created a school in a tranquil setting, surrounded by gardens with a pleasant view of the Mediterranean sea.

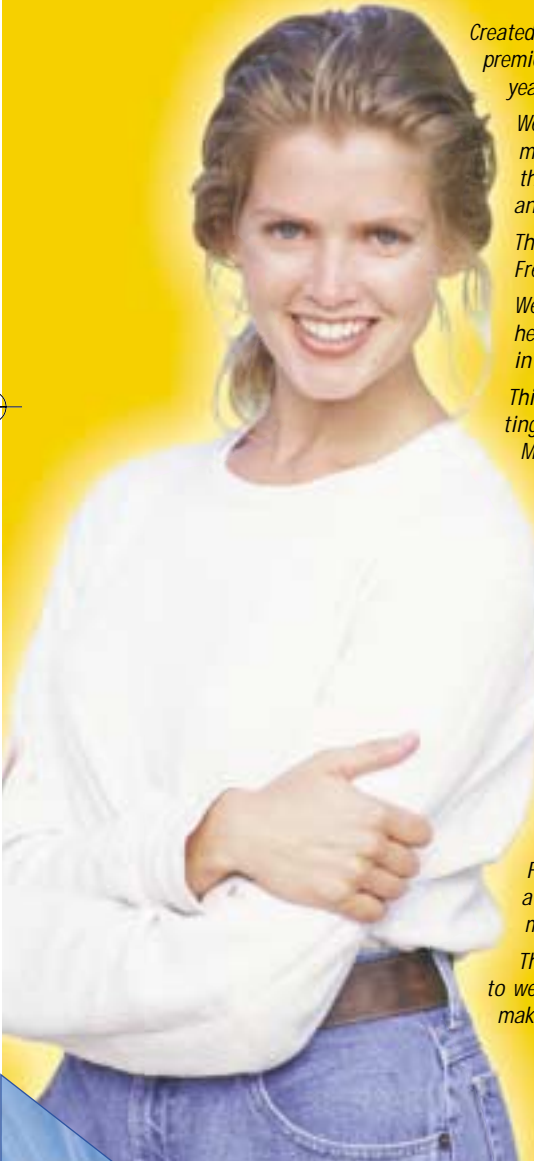
During your stay with us, you will be living in Antibes/Juan-les-Pins, a unique town which ranks as the second largest city within the Côte d'Azur. It is well located between Nice (20 km), and Cannes (10 km), with Monte-Carlo further along the coast (35 km).

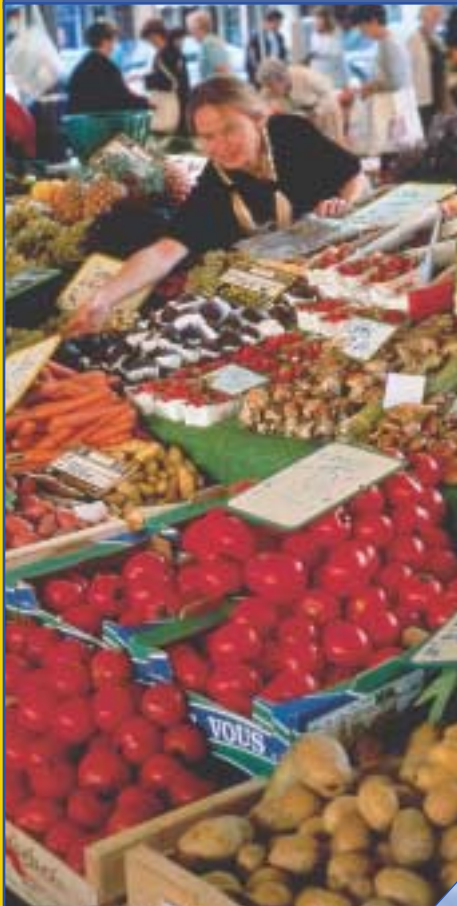
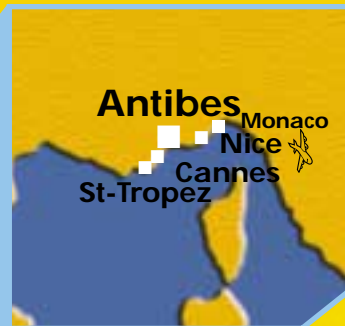
Antibes to the East, nestling behind its ramparts, represents the historic Mediterranean tradition of the Côte d'Azur.

To the west, Juan-les-Pins and its beaches come alive in summer day and night for three months of the year before returning to the out of season calm. Combined, Antibes and Juan-les Pins have 70,000 inhabitants.

Should you decide to come with us and learn how to speak French or to brush up your skills, you may choose to simply attend the school or select our "all-inclusive" package (accommodation - breakfast - lessons - services).

The team at the "Centre International d'Antibes" looks forward to welcoming you and accommodating you as much as possible in making your stay with us both productive and stimulating.





➤ SUMMARY

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THE SCHOOLS

> > > "LE CHATEAU" SCHOOL



"Le château", a beautiful house surrounded by flowering gardens and set in a calm environment a few minutes' walk from the center of Antibes.

RECEPTION SERVICE

Reception services are available at each school. A program of events and excursions is published all year long. The teaching management department is at your service for any questions having to do with the teaching aspects of your stay.

MEALS

A self-service restaurant located conveniently with a panoramic view of the sea is at your disposal in our "Le Château" school : (5 to 9 €). A partner restaurant caters our students at the "Le Port" (le Latino) school.



THE TEACHERS

All our teachers are university graduates.

Their interactive, motivating lessons are designed to allow for personalities of all types to get the most out of their learning experience. Teaching of French as a Foreign Language coupled with strong interpersonal skills enable them to adapt to the specific nature of each group. They are also adept at creating a climate conducive to building confidence that will enable you to progress at your own speed in a friendly, relaxed atmosphere.



"The ladies at reception were always very friendly and welcoming, they were very helpful during my stay."

Gillian (23), Scotland

> > > "LE PORT" SCHOOL



"Le port", a house in "old Antibes" at the foot of the ramparts in the pedestrian zone, 30 meters from the harbor.

EQUIPMENT AND FACILITIES

↘ Classrooms :

All classrooms are bright with ample lighting, and equipped with TV and VCR. "Le Château" also has a number of outdoor classrooms that are a positive delight during fine weather. Tape recorders, video cameras and overhead projectors are also regularly used as teaching aides.

↘ Library :

A library is open to students from Monday to Friday.

↘ Cyber space :

Used for lessons in the morning, and available to students in the afternoon (a charge is made for each use).

ASSIGNMENT TO A PARTICULAR SCHOOL

You will be notified before your arrival of which school you will be attending. In most cases, this will be "Le Château". "Le Port" takes students principally at Easter, in June and in September.



THE TEACHING METHOD

↘ ↘ ↘ LEVELS

PLACEMENT TESTS THE FIRST DAY

The first day will be devoted to becoming familiar with Antibes and then taking the placement test. Each student will be given a written and an oral test. Based upon the results, groups will be set up according to level of need.

There are several levels:

- Absolute beginner
- False beginner
- Elementary
- Intermediate
- Advanced
- Superior

Note : Absolute beginners are not accepted on certain courses (see admission dates on the price list p.1).

↘ CERTIFICATE AND CREDITS

Each completed week of courses will give you 2 credits that are applicable to the European Credit Transfer System (ECTS). At the close of every successfully completed course, you will be awarded a "Certificat de Français" or the diploma corresponding to the respective examination you have passed.

↘ MANUALS AND TEACHING DOCUMENTS

A grammar manual developed by the teaching supervisors is given to each student. Each school is equipped with VCRs, Tape Recorders, Video Cameras, and a DVD Player.

↘ CYBER SPACE

Used during morning lessons as a teaching tool.

→ BEGINNERS

*For students with no knowledge of French.**

Teachers use only French when interacting in class. Thus, students begin to practice the language immediately. Visual tools and an ensemble of communication gestures facilitate understanding and spontaneous expression. Studying grammar from the outset will help

you understand the structure of the French language and a repertoire of its basic vocabulary will enable you to express yourself simply.

→ FALSE BEGINNERS

For students with almost no knowledge of French.

Students will be encouraged to use a few colloquial phrases acquired in day-to-day situations in order to help rapidly develop their speaking skills. Learning the basic elements of French grammar in a essential part of this course to enable students to communicate concisely and effectively.

→ ELEMENTARY (A1 & A2 LEVELS)*

For students with a limited knowledge of French.

Lessons are designed to familiarize each student with everyday French to prepare you to cope with everyday situations. You are encouraged to interact during certain simulated situations with a prompt for eliciting intuitive self-expression.

Part of the course is also devoted to acquiring the basic elements of French grammar.





➤ RECOGNITION

Since its founding, the "Centre International d'Antibes" has pursued a policy of excellence and is a member of the following quality organizations :



(International label of quality)

EAQUALS is a Swiss label of quality with extremely stringent standards requiring inspection of teaching, accommodation, reception, student follow-up, and full compliance with regulations once every two years.



(French label of quality)

SOUFFLE is a very demanding professional federation of organizations that teach French language, culture and civilization. Only 19 members subscribe to their strict quality charter.



"Centre International d'Antibes" is a founder (charter) member of ALTO, a federation of language, culture and civilization centers and agencies specializing in this field.



"Centre International d'Antibes" is approved by the CSN to accept scholarship students from Sweden.

➔ INTERMEDIARY (B1 LEVELS)*

For students with a basic knowledge of French.

We encourage you to make active use of the skills you already have. The aim of this course is to enable development of the automatic responses specific to French verbal communication, and to refine the expression of your ideas in French by learning to construct more and more complex phrases.

➔ ADVANCED & SUPERIOR

*(B2, C1 & C2 LEVELS)**

For students with a good or very good knowledge of French.

You will work on oral skills enabling you to express yourself fluently, and will deal with subjects relating to French culture and civilization. You will become familiar with specific idiomatic expressions and the different levels of spoken language. In written work, you will practice analyzing and summarizing current texts, and producing various written documents in French.

** Levels CECR from European board*



SHORT PROGRAMS (2 TO 7 WEEKS)

→ STANDARD COURSE - 20 LESSONS PER WEEK

12 students max./class
Monday to Friday
8.45 a.m. - 12.00 a.m. (*)

The morning lessons provide a varied and complete teaching program in a relaxed, lively atmosphere.

Acquisition of essential grammatical skills and competency is targeted in practical communication. Work on written as well as oral expression and comprehension. Use of varied tools : cartoon strips, articles, video... etc.

→ INTENSIVE COURSE 1 - 30 LESSONS PER WEEK

12 students max./class
Monday to Friday
8.45 a.m. - 12.00 a.m. (*)

Greater emphasis on oral work. Small groups ensure that everyone has ample opportunity to speak.

Learning activities that prompt the need to speak and provide an insight into French culture and lifestyle. (Simulation of everyday situations, research surveys in the town, dialogue on the basis of real documents).

6 students max./class
Tuesday to Friday
1.45 p.m. - 3.40 p.m.

→ INTENSIVE COURSE 2 - 36 LESSONS PER WEEK

12 students max./class
Monday to Friday
8.45 a.m. -12.00 a.m. (*)

This final hour of the day, in mini-groups, represents an opportunity to provide the student with personalized attention and to deal with more specific individual requirements.

Revision in points of grammar, themes relating to culture and civilization, in addition to special attention to written work, pronunciation, oral expression, etc.

6 students max./class
Tuesday to Friday
1.45 p.m. -3.40 p.m.

4 students max./class
Tuesday to Friday
4.00 p.m. -5.00 p.m.

→ EXECUTIVE COURSE - 30 LESSONS PER WEEK

4 students max./class
Monday to Friday
8.45 a.m. -12.00 a.m. (*)

Chosen mainly by executives and managers from all fields of business with at least intermediate level of French.

In addition to perfecting language skills, this module gives executives and managers an opportunity to study in detail those themes that are closely related to the business world and effective telephone communication. Working with the video camera for immediate feedback allows rapid improvement in your ability to express yourself and communicate in public.

4 students max./class
Tuesday to Friday
1.45 p.m. -3.40 p.m.

→ INDIVIDUAL COURSE - 20, 30, 36 LESSONS PER WEEK

20 - 30- 36 lessons per week
or in addition to a group module

The greatest advantage of this particular module is that it saves time by being entirely customized and focused upon your exact individual learning requirements. (May be followed in conjunction with a group course).

In addition, you can also concentrate on learning more technical vocabulary and specific terms relating to a particular field of endeavor. Individual courses are highly effective when combined with a group module.

(*) 15 minutes break - 1 lesson = 45 minutes



→ COURSE SCHEDULE IN A FLASH

	Times	STANDARD COURSE <i>20 lessons per week</i>	INTENSIVE COURSE 1 <i>30 lessons per week</i>	INTENSIVE COURSE 2 <i>36 lessons per week</i>	EXECUTIVE COURSE <i>30 lessons per week</i>
MORNING Monday to Friday	8.45 am 12.00*	12 students maximum per class	12 students maximum per class	12 students maximum per class	4 students maximum per class
MEALS + OPTIONS					
AFTERNOON (1st part) Tuesday to Friday	1.45 pm 3.40 pm		6 students maximum per class	6 students maximum per class	4 students maximum per class
AFTERNOON (2nd part) Tuesday to Friday	4.00 pm 5.00 pm			4 students maximum per class	

(*) 15 minutes break - 1 lesson = 45 minutes

↘ OPTIONS MODULES (8 LESSONS FOR 2 WEEKS)

Tuesday - Friday : 00.15 p.m. to 1.00 p.m.
(Reservation only on the premises) - (Intermediate level minimum)

→ **Business French :**

Economic and commercial vocabulary, using the telephone.
Coping with situations in professional life, the French business environment (practical exercises, simulations and role plays...).

→ **Art and literature :**

Cinema, songs, the great schools of painting...

→ **Political life :**

Key players in political life, the constitutional framework, how the French political system works and a study of the country's current situation.

→ **Culture and civilization :**

The economy of the Côte d'Azur, the French press, gastronomy and wine...



LONG PROGRAMS (8 WEEKS AND OVER) AND EXAM PREPARATION

PREPARATION FOR THE DELF

4 - 6 - 8 - 12 - 16 WEEKS

Introduction

The DELF, organised by the French Minister for Education, is henceforth in accordance with the 'Cadre européen commun de référence pour les langues du conseil de l'Europe'. These changes took place from the 1st September 2005.

The old DELF 1st degree, made up of four cumulative units (A1, A2, A3 and A4), is to be replaced by three independent levels (DELFA1, DELFA2, DELFB1). These three independent levels correspond to the three European levels A1, A2, and B1. The old units A5 and A6, which added to the DELF 1st degree to make the DELF 2nd Degree, will be replaced by the DELFB2. This corresponds to the new European level B2.

COURSE ORGANIZATION

Duration	Arrival dates	Minimum admission level ⁽¹⁾	Diploma achievable ⁽²⁾	N°. lessons/week
16 weeks	12/03 - 04/06 - 27/08	Beginner	A2 - B1 - B2	20 or 30
12 weeks	08/01 - 09/04 - 02/07 - 24/09	Beginner	A2 - B1 - B2	20 or 30
8 weeks	08/01 - 09/04 - 30/07* - 24/09	Beginner	A1 - A2 - B1	20 or 30 ⁽³⁾
	05/02 - 07/04 - 22/10	A1	A2 - B1 - B2	20 or 30 ⁽³⁾
6** weeks	22/01 - 23/04 - 13/08 - 08/10	A1	A2 - B1	30 ⁽⁴⁾
	19/02 - 21/05 - 05/11	A2	A2 - B1 - B2	30 ⁽⁴⁾
4** weeks	05/02 - 07/05 - 22/10	A2	A2 - B1	30 ⁽⁴⁾
	05/03 - 04/06 - 27/08 - 19/11		A2 - B1 - B2	30 ⁽⁴⁾

(1) Graded according to the common European reference

(3) Afternoon courses are obligatory for a period of four weeks

* exam B2 achievable

(2) According to the level upon arrival of the candidate, the duration of the preparation, the exam dates and the level achieved at the end of the preparation.

(4) on courses are obligatory

** Please note 5 or 3 weeks of lessons, 1 week for exams

PREPARATION FOR THE ALLIANCE FRANCAISE DIPLOMA

5 - 12 - 16 WEEKS *

Introduction

The "Alliance Française" diploma is recognized by the French administration.

The "Centre International d'Antibes" is approved by the Alliance Française of Paris as a preparation center for its examinations.

COURSE ORGANIZATION

Diploma	Admission level	Duration	No. lessons/week	No. students/class a.m	class p.m
Alliance Française	Advanced	5 weeks	30 lessons	12	8
Alliance Française	Intermediate	12 weeks	20 or 30 lessons	12	8
Alliance Française	Elementary	16 weeks	20 or 30 lessons	12	8

* Starting dates of the long stay programs (see price list p. 5)

LONG-TERM COURSES NOT AIMED AT AN EXAMINATION

8 TO 36 WEEKS

Long-Term Courses are open to all students, including those who do not intend to sit for examination.

Irrespective of your level, arrival date and/or length of stay, our general French language improvement courses guarantee you superb quality teaching that afford the opportunity to progress at your own rate, according to your own needs with the supervision and personalized support of your teachers.

You may opt either for the morning course (20 lessons per week) or the morning and afternoon 1 or 2 (+10 or +16 lessons per week).



VERY COMPETITIVE PRICES FOR AUTUMN/WINTER (see price list p. 5, 6 and 7)



"The lessons were fascinating. For me, a real beginner, every day was a new experience. The time flew by, and I would very much like to go back."
 Franziska (37), Germany



➤ MORNING (20 LESSONS/WEEK) ⁽³⁾

12 students max. per class
 Monday-Friday
 8.45 a.m. - 12.00 a.m. (1)

- Work on written expression and comprehension
- Intensive training for written examinations (2)

➤ AFTERNOON 1 (+10 LESSONS/WEEK) ⁽³⁾

8 students max. per class
 Tuesday - Friday
 1.45 p.m. - 3.40 p.m.

- Speaking in different situations; defending an opinion, presenting ideas, convincing
- Intensive training for oral examinations (2)

➤ AFTERNOON 2 (+6 LESSONS/WEEK) ⁽³⁾

4 students max. per class
 Tuesday - Friday
 4.00 p.m. - 5.00 p.m.

- Benefit from personalized attention
- Work on weak points and the specific needs of each individual

(1) 15 minutes break - (2) For the exams preparation - (3) 1 lesson = 45 min.

IMPORTANT INFORMATION

➔ VALID FOR BOTH THE "DELTA" AND THE "ALLIANCE FRANÇAISE"

- Upon registration, students are sent a placement test. This should be returned as soon as possible.
- Student transfers to the regional examination centers can be arranged (21 € / day - roundtrip).
- Teaching hours include preparation and post-examination correction.
- Upon departure, students are given a certificate from the school certifying the length of the course taken, the level achieved, and the teachers' appraisal.

➔ DELTA

- The registration fee set by the French national education is 100 € per exam and must be paid upon arrival*.
- The examinations may run over a period of three days.

➔ ALLIANCE FRANÇAISE

- The registration fee charged by the Alliance Française is 61 € and must be paid upon arrival*.
- Written and oral parts of the examination are normally held on the same day, although exceptions may occur.
- The results are sent from Paris approximately 6 weeks after the examination.
- We forward your diploma to you.

*Fees may be subject to alteration

➤ EXAMINATION SUCCESS RATES

1998	95%
1999	90%
2000	95%
2001	95%
2002	95%
2003	95%
2004	96%
2005	98%



SUMMER COURSES ON THE RIVIERA

> > > DESTINATIONS : ANTIBES FAMILIES ANTIBES "BUDGET RESIDENCE" NICE CAMPUS (PARTNER SCHOOL)



In summer, we have organized vacation courses for short-term stay in Antibes as well as in Nice (partner school).

The teaching is the same as described in the short-term courses (See p. 8 & 9) and the information, activities, and tasks for the students take into account their goal to learn and to have fun during their language school vacation.



MEALS

In Antibes or Nice you may choose between "Breakfast only" or "Half Board" every day which also includes dinners with the family. It is also possible to request the weekend lunches in your family (See price list p. 2).

Meals are not included if you choose Nice campus or "Robert Soleau" residence in Antibes.

In Antibes you can buy breakfast and lunch weekdays on the premises. For dinner, you may find one of the numerous places to eat in walking distance from the cheapest snack bar to the most luxurious restaurant.

In Nice, you are 5 minutes by a free shuttle to the university restaurant for lunch or dinner (7 Euros). You can have breakfast next door to the residence.

STANDARD COURSE

20 lessons per week - Antibes and Nice

12 students max./class
Monday to Friday
8.45 a.m. - 12.00 a.m.

TRANSFER

Transfer is included with host family accommodation in Antibes and available with a supplement (See p. 2 of the pricelist) if you have accommodation in the "Robert Soleau" residence in Antibes.

For the Nice campus, no transfer is available. However, you may take inexpensive public transportation or a taxi (+/- 20€) to the campus.



ACCOMMODATION

- Host families in Antibes (See p.23)
- "Robert Soleau" in Antibes (See p.21)
- Campus in Nice

A university residence 200 meters from the beach and 25 minutes by bus from the city center. It includes TV room, washing machines and public phones.

The individual rooms, furnished in a simple and practical way, are fitted with a wash basin and a shower. Toilets are on each floor.

A free shuttle bus links the residence to the city center until 1 a.m.

SECURITY

Students are able to come and go freely and the campus is under security surveillance 24/7. Alcohol is banned on campus. People not staying in the residence or campus can enter only if they have the permission of the campus or residence manager.



EXPERIENCE AND CULTURAL SESSIONS

> > > WINES, COOKING, ART OF GOOD LIVING, FRAGRANCES, COLOURS, FLAVOURS... FROM THE SOUTH

3 sessions (two weeks each) are offered to discover the Provençal French Riviera: its bright colours, its sweet fragrances and its new flavours. These modules will appeal to your sense of touch, taste, smell, sight and language. In this creative, sensational environment full of new experiences, we aim to familiarise you with our region while stimulating your to learn and communicate in French. The morning lessons and afternoon/evening experience modules provide a varied and complete teaching programme in a relaxed lively pleasant atmosphere.



WINE AND COOKING FROM PROVENCE

Morning : 20 lessons/week (standard course)

Afternoon : 23 lessons/week

Dates : 05.02 - 18.02 or 14.05 - 27.05 or 15.10 - 28.10

WEEK 1	
DAYS	AFTERNOONS/EVENINGS
Monday	ASSESSMENT TESTS
Tuesday	Honey tasting at a beekeeper's.
Wednesday	Cooking workshop : Anne Marie's delicious jams fruit of Provence.
Thursday	FREE TIME
Friday	Wine-appreciation workshop (4h) • Identifying & understanding wine • Setting up & managing your wine cellar.
Saturday	8.30 am / 2.30 pm. The art of cooking & entertaining : Jeannine's recipes. From the market to the plate : Cooking lessons + tasting of "French specialties" (Starter + main course + cheese + dessert + wine and coffee) choosing the right cheese and wines according to the dish.
Sunday	FREE TIME

WEEK 2	
S T C O U R S E + L U N C H	AFTERNOONS/EVENINGS
	Olive oil tasting in an ancestral Provençal oil crusher
	Botanical workshop "Flower arranging workshop, the art of decorating the table with Anne and Genevieve"
	Cooking workshop: Jeannine's delicious pies Tartes tatin, Charlottes and Clafoutis
	FREE TIME
	Wine tasting in a prestigious Château.
	DEPARTURE



➤ MODERN ART AND WAY OF LIFE ON THE RIVIERA :

Morning : 20 lessons/week (standard course)

Afternoon : 30 lessons/week

Dates : 19.02 - 04.03 or 28.05 - 10.06 or 29.10 - 11.11

WEEK 1	
DAYS	AFTERNOONS/EVENINGS
Monday	ASSESSMENT TESTS
Tuesday	Cannes : Splendors of "Belle Epoque". Visit a gallery & meet a sculptor.
Wednesday	Nice : "Belle Epoque", guided tour on Matisse's steps.
Thursday	Antibes : on Picasso's steps. Visit of the museum (superb) & the old town.
Friday	4-10 pm. Master cooking lesson then Provencal menu with your own team.
Saturday	Menton , the Babylona of "Baroque Art", the Heart of la "Belle Epoque". Ste Agnès, medieval village by the sea.
Sunday	FREE TIME

WEEK 2	
DAYS	AFTERNOONS/EVENINGS
Monday	St Paul de Vence & Maeght foundation On Miro's and Giacometti's steps. Meeting with an artist
Tuesday	Cagnes, antic village , on Renoir's steps Visit of Renoir's house and workshop, of the village and the castle.
Wednesday	Nice, Chagall's steps, his museum inspired by the biblical message. The old town : "Baroque" itinerary.
Thursday	FREE TIME
Friday	Tasting of wines and local products
Saturday	DEPARTURE
Sunday	

➤ FRAGRANCE, COLOUR & FLAVOUR ON THE RIVIERA

Morning : 20 lessons/week (standard course)

Afternoon : 20 lessons/week

Dates : 05.03 - 18.03 or 11.06 - 24.06 or 12.11 - 25.11

WEEK 1	
DAYS	AFTERNOONS/EVENINGS
Monday	ASSESSMENT TESTS
Tuesday	Let's draw, let's paint ! (3h)
Wednesday	"Grasse" world capital of perfumes Visit of the old town creation of a per- fume step by step under the guidance of a professional Nose.
Thursday	Sophie's secrets "hand & nail care" (3h)
Friday	FREE TIME
Saturday	8.30 am / 2.30 pm. The art of cooking & entertaining : Jeannine's recipes. (See p.14)
Sunday	FREE TIME

WEEK 2	
DAYS	AFTERNOONS/EVENINGS
Monday	I create my own flower arrangement with Lucienne ! (3h)
Tuesday	Let's draw, let's paint ! (3h)
Wednesday	Sophie's secrets "face care"
Thursday	Let's draw, let's paint !
Friday	The history of a family « Let's have a coffee or a cup of tea at Mme Sanouillet's » (2h).
Saturday	DEPARTURE
Sunday	

Note : lunch is mentioned for information (not included in the package price). See price list pages 2 or 3 or 5.
Note 2 : Any above activity may be replaced by another one of same interest and value



LEARN FRENCH AND ENJOY YOUR FAMILY



> > > LEARN FRENCH AND ENJOY YOUR FAMILY

During school vacation, "Centre International d'Antibes" offers a family language course program proposing tuition and activities adapted to everyone's expectation with accommodation in one apartment. At least one member of the family must enrol on a course in order to benefit from this service.

THE TUITION

The adults (18 years old minimum) will choose their course among the "short programs".

Teenagers (12 to 17 years old) will attend our program "Holiday in French" or our "Junior DELF" course proposed in Antibes within our regular Junior Program (choice of half or full board with no price difference).

THE ACCOMMODATION

Families may choose a large studio for 3 in "Garret / Lou Mas" (high standard residence) or 2 double studios next to each other (with no connecting doors). However, there is a common terrace or balcony.

***Note :** In case of fully booked residences, we will accommodate the family in apartments offering the same quality standards and similar location as "Garret / Lou Mas" residence.*



One of the Antibes Beaches



TRANSFER

Transfer is available with a supplement from Nice airport or Antibes train station (see p 2 of the price list) if you have accommodation in one of our residences in Antibes.

ADDITIONAL SERVICES (PRICES ON REQUEST)

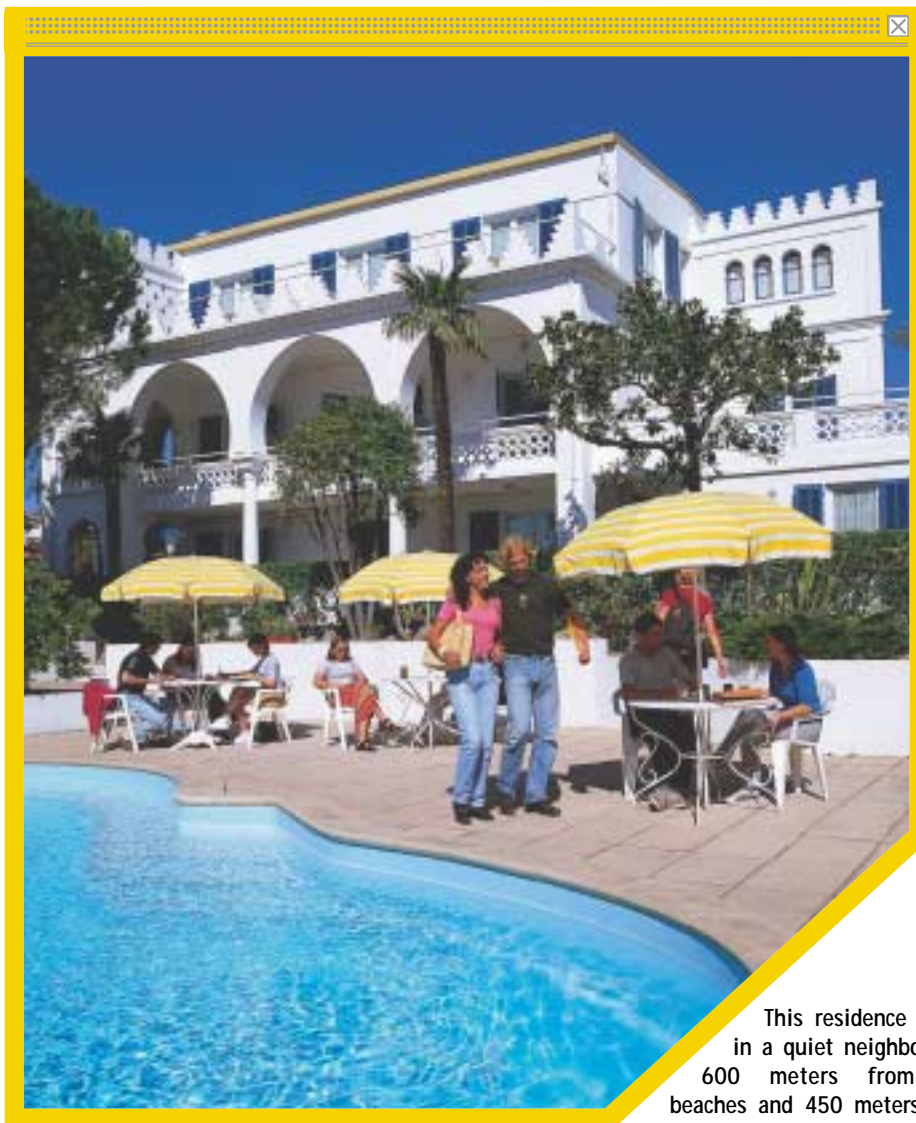
- Baby sitter
- Housekeeping
- Individual excursion and tour leader
- Car park
- Individual courses at home

For additional services you may ask at your reservation agency or communicate directly with a member of our staff. We wish to ensure you a comfortable stay.



RESIDENCE ACCOMMODATION (HIGH AND MEDIUM STANDARD)

> > > RESIDENCE "LOU MAS/CASTEL ARABEL" HIGH / MEDIUM



This residence is set in a quiet neighborhood 600 meters from the beaches and 450 meters from the shops of Juan-les-Pins. Enjoy

the terrace, TV room, (small) swimming pool, as well as the bar, and snack-bar ("Le Castel Café") that are open from April to October. The residence also has delightful gardens. A free shuttle service will take you to the school every morning (return trip not provided).



↳ "LOU MAS"

(HIGH STANDARD STUDIOS)

All the studios are fully decorated and furnished, and each has its own kitchenette equipped with hotplate and refrigerator, TV, bathroom (bath or shower), WC, and either a terrace or a balcony. Sheets are provided for the duration of your stay and changed every week. Towels are not provided.

Note : occupants are responsible for the cleaning of their individual studios.

↳ "CASTEL ARABEL"

(MEDIUM STANDARD ROOMS)

Here are 30 bright bedrooms all with an individual shower and toilet. Sheets are provided for the duration of your stay and changed every week. Towels are not provided. A payphone is available that can be used for outgoing and incoming calls. A fax service is also available (a charge is made).



"LOU MAS"
(High standard Studios)

ASSIGNMENT TO A RESIDENCE

It should be noted that we can not guarantee you a studio in a specific residence in your desired level of accommodation, whatever the date of your reservation. Please let us know if you have a preference, however, and we will do our best to satisfy your request.



"CASTEL ARABEL" (Medium standard Rooms)

> > > THE "GARRET" RESIDENCE

(HIGH STANDARD STUDIOS WITHIN THE "LE CHATEAU" SCHOOL)

There are 9 studios within "Le Chateau school" - 800 m from the city center and 1500 m from the beaches. These studios offer identical services to the ones in "Lou Mas" and, in addition, are equipped with air conditioning.

Note : there is no swimming pool at the "Le Château" school, or at the "Sun Holidays" residence.

We recommend the "Castel Arabel" or "Sun Holidays" for long-stay courses in autumn/winter (see price list p. 5, 6 and 7)

↳ HOTEL ****

For those who would rather have a hotel service, we can also arrange accommodation in four-star hotels at Antibes/ Juan Les Pins upon special request.





RESIDENCE (MEDIUM LEVEL AND BUDGET ACCOMMODATION)

NEW FOR 2006

> > > THE "SUN HOLIDAYS" RESIDENCE

MEDIUM STANDARD

The residence is found in the same neighborhood as Lou Mas and Castel Arabel (about 100 metres away). You will be allowed to take the same morning shuttle to school (the return trip is not guaranteed). You can benefit from the communal kitchen, the TV room, the pleasant gardens surrounding the residence as well as limited parking spaces (payment required).



↳ "Sun Holidays"

(MEDIUM STANDARD ROOMS)

All the rooms (14-20 m²) have an individual shower and toilet. Sheets are provided for the duration of your stay and changed every week. Towels are not provided. Reception will be happy to help with any inquiries.

Note: *The cleaning is the responsibility of the occupants.*



NEW FOR 2006

> > > THE "ROBERT SOLEAU" RESIDENCE

BUDGET ACCOMMODATION

The "Robert Soleau" residence is a large apartment that has been converted into a students' residence, ideal for young adults.

A very reduced price: This type of accommodation is part of the budget package.

Practical: Right in the town centre, this residence is just 2 minutes from the main train station, 5 minutes from Antibes Port, and just 10 minutes from the beach.

Friendly: You will share this spacious apartment with others of a similar age from all over the world.

Large, shared bedrooms (3 or 4 beds), a communal kitchen with TV and large communal bathrooms with individual shower units make this a comfortable and convivial place to live.

Economical: With both schools easily accessible on foot ("Le Château" – 15 minutes, "Le Port" – 5 minutes), there are no necessary transport expenses. Furthermore, the spacious, fully equipped kitchen makes it possible to manage on a small budget.





RESIDENCE ACCOMMODATION (GENERAL INFORMATION)

MEALS

Breakfast is available at the "Le Château" school (around 4 €) except weekends and French bank holidays. You can also use the on site vending machines.

Lunch is available after class at our self-service restaurant located within the school "Le Château" (5 to 9€). Students at the "Le Port" school can opt to have lunch at the "Le Latino" restaurant which is a few steps away from our school (8 to 13€ for a main course) or they have a choice of snack bars and cafés next door (4 to 6€ for a take away meal).

For other meals, students that are accommodated with high standard studios ("Lou Mas" or "Garret") benefit from a fully equipped kitchenette.

Long term students accommodated at "Castel Arabel", "Sun Holidays" or "Robert Soleau" may use a large, well equipped common kitchen.

Short term students accommodated at "Castel Arabel" have a wide choice of restaurants from the very inexpensive to the most luxurious within walking distance.



Happy Hour at "CASTEL ARABEL"

YOUR GUESTS

You may invite a friend or a member of your family who is not a student. A supplement is charged (see price list p. 2). Please inform us in advance of any invitation.

TRANSFER

Nice airport is some 25 km from your residence.

There is a public bus service into the center of Antibes (around 8€). However, there is no rail service to Nice airport.

We can also arrange to meet you at the airport. (See price list p. 2).

SERVICES

Free of charge : Messages - Mail - Luggage store - Transfer to the school.

A charge is made for : Housework - Baby sitting - Payphone - Car/Motorcycle rental.

Note : no safe-deposit



ACCOMMODATION IN FAMILIES

The members of your host family are considered friends from the moment of your arrival and will offer you a friendly, reassuring environment.

THE FAMILY

We take the greatest care in selecting your host families. They all offer a comfortable home and are more than willing to share daily lives and their interests with you.

For your part, you should always remember that when entering someone's home, you must inevitably give up a little of your independence and some freedom typically enjoyed in your own home.

You can ask your host family if you can use their washing machine : 2 € per load paid directly upon use.



Breakfast with your family

MEALS

You may choose between "Breakfast only" or "Half Board" every day which also includes dinners with the family. It is also possible to request the weekend lunches in your family (see price list p. 2).

The restaurant at "Le Chateau" school (5 to 9€) or "Le Latino" restaurant (8 to 13€) are a few steps away from "Le Port" School are also at your disposal.

YOUR ROOM

The accommodation with your host family is reserved from Sunday to Saturday.

You may choose between a single room and a twin room.* If you have to share a room, we will do our best to place you with another student of similar age whose first language is not your own.

TRANSFER

Your host family will transport you to and from Antibes station or Nice airport.

ADDRESS

You will receive data about your host family within two weeks before your arrival. We will do our best to accommodate you (in Antibes/ Juan-les - Pins) within walking distance of the school.

This is not always possible, however, and some students may have to take public transport (bus) to reach the school (a maximum trip of 30 min.).

** Students over 25 cannot be accommodated in double rooms unless making their reservations simultaneously.*